








K1055806 www.kotusresearch.com



Berries



Elementary LUNCH MENU May 1st-31st 2019 \$2.50

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>6 Hamburger on WG Bun Oven Baked Fries Country Baked Beans Assorted Fresh Fruits & Vegetables</p>	 <p>7 Nacho's Grande or Taco Tub Steamed Brown Rice Buttered Corn Assorted Fresh Fruits & Vegetables</p>	 <p>1 All Beef Hotdog on Bun Oven Baked Fries Country Baked Beans Assorted Fresh Fruits & Vegetables</p>	 <p>2 Crazy Bosco Sticks With Marinara Dipping Sauce Steamed Carrots Assorted Fresh Fruits & Vegetables</p>	 <p>3 Hand Tossed "Cheese Pizza" Garden Vegetable Salad Assorted Fresh Fruits & Vegetables</p>
<p>6 Hamburger on WG Bun Oven Baked Fries Country Baked Beans Assorted Fresh Fruits & Vegetables</p>	<p>7 Nacho's Grande or Taco Tub Steamed Brown Rice Buttered Corn Assorted Fresh Fruits & Vegetables</p>	<p>8 Pizza Crunchers Penne Pasta Marinara Assorted Fresh Fruits & Vegetables</p>	<p>9 Chicken Nuggets Steamed Brown Rice Steamed Green Beans Assorted Fresh Fruits & Vegetables</p>	<p>10 Hand Tossed "Cheese Pizza" Garden Vegetable Salad Assorted Fresh Fruits & Vegetables</p>
<p>13 Nacho's Grande or Taco Tub Buttered Corn Steamed Brown Rice Assorted Fresh Fruits & Vegetables</p>	<p>14 Breakfast for Lunch" French Toast Sticks Turkey Sausage Tater Tots Assorted Fresh Fruits & Vegetables</p>	<p>15 Popcorn Chicken with Sweet & Sour Dipping Sauce Mashed Potatoes Assorted Fresh Fruits & Vegetables</p>	<p>16 Grilled Cheese or Grilled Ham & Cheese Sandwich French Fries Assorted Fresh Fruits & Vegetables</p>	<p>17 Hand Tossed "Cheese Pizza" Garden Vegetable Salad Assorted Fresh Fruits & Vegetables</p>
<p>20 Ziti Marinara Plain or In Meat Sauce Fresh Garden Salad Assorted Fresh Fruits & Vegetables</p>	<p>21 Chicken Patty on Bun Sweet Potato Grooves Assorted Fresh Fruits & Vegetables</p>	<p>22 Pizza Crunchers Penne Pasta Marinara Assorted Fresh Fruits & Vegetables</p>	<p>23 Chicken Nuggets Steamed Brown Rice Steamed Green Beans Assorted Fresh Fruits & Vegetables</p>	<p>24 Hand Tossed "Cheese Pizza" Garden Vegetable Salad Assorted Fresh Fruits & Vegetables</p>
<p>27 NO SCHOOL MEMORIAL DAY</p>	<p>28 Breakfast for Lunch" French Toast Sticks Turkey Sausage Tater Tots Assorted Fresh Fruits & Vegetables</p>	<p>29 Chicken Nuggets Dipping Sauces Thin Fries Apple Slices</p>	<p>30 "BBQ" Choice of : Hamburger or Hotdog Sweet Buttery Corn Pasta Salad Watermelon</p>	<p>31 Crunchy Chicken Tenders Sweet Potato Groozes Assorted Fresh Fruits & Vegetables</p>
Fresh Fruit & Vegetable Selection (includes but not limited to)				
Cucumber Coins Baby Carrots Assorted Chilled Fruit Fresh Whole Fruit	Carrot and Celery Sticks Assorted Chilled Fruit Fresh Whole Fruit	Red Bell Pepper Strips Cherry Tomatoes Chilled Peaches Fresh Whole Fruit	Carrot and Celery Sticks Fresh Broccoli Florets Fresh Whole Fruit	Colorful Tossed Salad Red Bell Pepper Strips Chilled Fruit Cocktail Fresh Whole Fruit

Food of the Month: Berries

contain antioxidants, which work to neutralize free radicals linked to the development of cancer, cardiovascular disease, and other age-related conditions.



We provide free & reduced meals for all families that are eligible. Applications are available on the Region 16 website or call us at 203-758-6671 for details

USDA is an equal opportunity employer and provider.

<https://www.region16ct.org> MySchoolBucks.com

ELEMENTARY SELECTION INCLUDES: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.