



## **Adult Education Fall 2020 Response to COVID 19 for Yoga, Volleyball, and Beginner/Advanced Line Dancing**

As you are aware, Region 16 School District has developed a reopening plan based on the Adapt, Advance, Achieve: Connecticut's Plan to Learn and Grow Together. Within this plan it is stated that Adult Education will adhere to CDC guidelines and may require additional cleaning protocols. Below are updated protocols for adhering to the guidelines the state of Connecticut has presented to us:

- Hands should be sanitized before and after every class. Equipment (ie volleyball) used during class that is shared should also be sanitized throughout the activity.
- Masks should be worn at the start and end of every class.
- Students should remain at least three (optimally six) feet apart throughout the entire class.
- Teachers and students who are sick (fever of over 100 degrees, cough and sore throat, shortness of breath, and/or other COVID 19 symptoms) or who have been exposed to others who are sick should stay home from class.
- Avoid high-fives and shaking hands with others.

If you have any concerns about these guidelines, please let your instructor know. He/she will contact Dr. Rima McGeehan, Region 16 Adult Education Director, who will address any questions you may have.