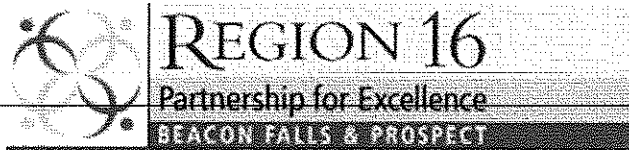


**REGIONAL SCHOOL DISTRICT #16
ADULT EDUCATION
REGISTRATION FORM**
PLEASE PRINT INFORMATION



**ADULT EDUCATION
SPRING 2019**

A variety of adult education classes are being offered to residents who wish to continue their education or simply want an enjoyable night out. If you wish to participate in the Region's Adult Education Program, please register via this brochure.

Adults interested in taking high school equivalency courses or basic education courses may do so through Waterbury or Naugatuck Adult Education.

ADMISSION

Region 16 Adult Education classes are open to anyone 16 years of age or older who resides in one of the Region's towns or any surrounding community and are not currently enrolled in a high school program.

WEDNESDAY

VOLLEYBALL

JIM ALBER

**LAUREL LEDGE GYM
7:00-9:00 P.M.**

After initial instruction in volleyball, teams will be formed to play the game. If you enjoy volleyball or wish to learn the skill, this is the class for you!



WEDNESDAY

**LINE DANCING for
BEGINNERS**

**BARBARA HOULE
LONG RIVER MIDDLE
SCHOOL**

7:00-8:45 P.M.

This course is an introduction to line dancing. Beginners will learn this popular dance which includes the grapevine, jazz box, pivot turn, and the weave.

This is an **ADVANCED** beginner's class but can be tailored to students' needs.

(The advanced Thursday evening class is closed for this session.)



Line Dancing

NAME _____
ADDRESS _____
TOWN _____
HOME PHONE # _____
CELL PHONE# _____
EMAIL _____
COURSE TITLE(S)
1 _____
2 _____
CASH _____ CHECK# _____
TOTAL _____

Payment must accompany registration form. Classes may be cancelled due to insufficient enrollment. This will be determined by prior payment. You will be notified if a class is cancelled for this reason. Mail or drop off all registration forms and fees by December 28, 2018:

Dr. Rima McGeehan
Adult Education Director
Prospect Elementary School
75 New Haven Rd.
Prospect, CT 06712

*PLEASE MAKE SURE CHECKS ARE PAYABLE TO
REGION 16 ADULT EDUCATION.

THURSDAY

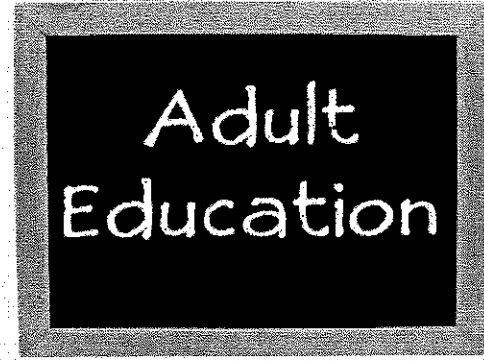
BASIC HATHA YOGA

JOCELYN RIVERA

PROSPECT ELEMEN-
TARY SCHOOL

6:15-7:30 P.M. (8 weeks)

Mixed level class designed to build strength, increase flexibility, and improve balance. Sessions will focus on proper alignment, integration of breath and movement, and toning the core. Brief meditation and relaxation will end each class. Bring a mat and water! All levels welcome!



If you need more information about the Adult Education programs, or if interested in teaching a course, please call or leave a message for the director, Rima McGeehan, at Prospect Elementary School, 203-578-3300.

ADULT EDUCATION CLASS CALENDAR CLASSES BEGIN AFTER LABOR DAY

*next to date means no class

Wednesday Classes

January 9, 16, 23, 30*

February 6, 13, 20, 27

March 6, 13, 20, 27

Thursday Classes

January 10, 17, 24, 31

February 7, 14, 21, 28

March 7, 14, 21

Unless otherwise noted, courses run for ten weeks. Note that an eleventh date has been added in the case that a make-up session is needed.

SCHOOL CANCELLATION

If Adult Education classes need to be cancelled due to inclement weather conditions, please check out www.region16ct.org for the latest information, or watch WTNH Channel 8 or WVIT Channel 30 by 5:00 p.m. Please do not call to inquire if classes will be cancelled.

ADULT EDUCATION FEES

All courses are \$50 and consist of ten classes, except as noted in the course description. Courses for seniors (age 55 and over) are \$30. You must register and pay for all courses in full prior to the start of the first class. Instructors are not responsible for collecting course payments. To ensure that classes run, it is important that registration is sent in by the due date. Registration by mail must be filled out completely and be accompanied by full payment. If a person is unable to attend classes after registering for a course, the tuition will be refunded after the first class. After the first class there will be no refunds. There is a \$25 fee for any returned checks.

Registration must be received by Friday,

December 28, 2018. CHECKS MUST BE MADE

OUT TO REGION 16 ADULT EDUCATION.

Only students whose classes are cancelled due to insufficient enrollment will be contacted prior to start of class.