

MINDS IN MOTION

LONG RIVER MIDDLE SCHOOL - PROSPECT, CT

SATURDAY, MARCH 31, 2012

LONG RIVER MIDDLE SCHOOL

38 Columbia Avenue, Prospect CT 06712

12:30 Check-in; Workshops 1:00 – 4:00 P.M.

FAST-PACED, HANDS-ON WORKSHOPS

FOR STUDENTS IN GRADES K – 8

FREE PARENT & TEACHER KEYNOTE ADDRESS & WORKSHOPS

FREE LITERATURE, EXHIBITORS AND MORE

REGISTER BY MAIL USING ATTACHED FORM or

REGISTER ONLINE AT CAG WEBSITE, www.ctgifted.org

REGISTRATION DEADLINE – Saturday, March 16, 2012

REGISTER EARLY – FIRST COME FIRST SERVED! NO REFUNDS!

NO SNOW DATE (If inclement weather, visit www.ctgifted.org for announcements.)



WHAT TO DO?

Any child interested in participating in these workshops is encouraged to attend. Please choose workshops from your grade group. The workshops are assigned on a first come, first served basis.* **You must list at least 4 choices.** Every effort will be made to give students their preference. **WE DO NOT ACKNOWLEDGE REGISTRATION.** You will be notified if there is a problem, and your enrollment will be refunded if there is no space. Registrations can be mailed to the address listed on the form or completed online at www.ctgifted.org. *Priority registration for children of parents who volunteer by deadline!

CHECK IN BY 12:45 or risk forfeiting your child's workshop assignment.

KEYNOTE ADDRESS & WORKSHOPS OPEN TO ALL PARENTS AND TEACHERS EVEN IF YOUR CHILDREN DO NOT ATTEND PROGRAM
(Please pre-register online or using attached form)

SPONSORED BY

**THE CONNECTICUT
ASSOCIATION
FOR THE GIFTED
and Regional School
District 16, Long River
Middle School PTO, and
parents in the towns of
Beacon Falls and Prospect**

CAG is a nonprofit, volunteer organization that has been supporting the needs of gifted and talented children in the State of Connecticut since 1969. CAG sponsors *Minds In Motion* and *Minds on Location* enrichment programs, the *CAG Advocate* newsletter, conferences and speakers, teacher and parent support groups, and works with both the Connecticut state legislature and the State Department of Education. For more information, and to become a member online, visit www.ctgifted.org.

STUDENT SCHEDULE

12:30 – 12:45 CHECK IN

Grades K-1

1:00 – 2:00 1ST WORKSHOP

2:00 – 3:00 Breakout/Snack/Story

3:00 – 4:00 2ND WORKSHOP

Grades 2-5 and Grades 6-8

1:00 – 2:25 1ST WORKSHOP

2:30 – 4:00 2ND WORKSHOP

PARENT/TEACHER SCHEDULE

12:45 CHILDREN TO WORKSHOP

1:00-2:30 KEYNOTE ADDRESS
(Must pre-register on form or website)

2:30-2:55 VENDOR SHOPPING
(Resources, Books and Exhibitors)

2:55-3:55 CHOICE OF WORKSHOPS
(Please indicate choice on form or website)

4:00 PICK UP CHILDREN

GRADES K-1

(Students take two one-hour workshops – All K-1 children participate in one-hour breakout session between classes)

<p>Van Gogh's 'Starry Night'</p> <p>Children will be introduced to the work of artist Vincent Van Gogh, shown examples of his paintings and read a children's book about him. Then they will create their own "starry night" masterpiece using collage and paint to produce a beautiful scene.</p> <p><i>Pat Vlamis, Professional Photographer, Prospect</i></p>	<p>Mammal Mania</p> <p>Children will learn about herbivores, carnivores and omnivores by looking at skulls and furs/ pelts. They will learn about predator/ prey relationships and how animals survive in the wild. They will also make a track book to take home</p> <p><i>Flanders Nature Center & Land Trust, Woodbury</i></p>	<p>Fun with Karate</p> <p>A fun-filled high energy program designed to build confidence and self-discipline through Martial Arts themed games and activities. Children will discover and bring out the best that is within themselves and in others. Topics covered include Focus, Teamwork, Balance, Coordination, Stranger Danger and Bully Busting Skills.</p> <p><i>Joe Guarente/Justin Leonetti Bushi Ban Martial Arts and Fitness</i></p>
<p>Exercise Can Be Fun</p> <p>JumpBunch provides a friendly introduction to sports and fitness while enhancing coordination, self-esteem, and encouraging a healthy lifestyle. This session will focus on activities that strengthen both muscles and minds through play based learning.</p> <p><i>Debbie Ungvary, JumpBunch Naugatuck</i></p>	<p>The Music in Me</p> <p>Through songs and games we will explore the rhythm, pitch, and dynamics of music. Join us as we meet the notes, feel the beat, and take a walk on the staff. A fun and exciting way to introduce children to the language of music.</p> <p><i>Joan and Brianna Tortora of the Family Music Center, Waterbury, CT</i></p>	<p>A Day at the Animal Hospital</p> <p>Come spend the afternoon learning all about taking care of pets and being an animal doctor. We will peek at real x-rays, bandage legs and tails, and hear about real veterinary cases from a professional Vet.</p> <p><i>Dr. Alla Sivakoff, Prospect Veterinary Clinic</i></p>

GRADES 2-3

(Students take two ninety-minute workshops)

<p>Fun with Paper-Chromatography</p> <p>Students will explore a very simple, safe procedure to determine what colors of water-based dye are used in Kool-Aid and magic markers. They will then use their skills and artistic ability to create an insect and solve the case of the Booby-Trap Bomber.</p> <p><i>Al Concilio, retired Science Coordinator, Beacon Falls</i></p>	<p>Seven Angels Theatre Where's that Word?</p> <p>Seven Angles Theatre comes from the stage to the classroom to offer a taste of theatre using a game show. Put on your thinking caps and test your buzzer beating skills as we team up for a fun afternoon of fast-paced game show action exploring the mysteries of the words we say and the things we write.</p> <p><i>Debra Bodnar, Seven Angels Theatre, Waterbury</i></p>	<p>Kitchen Chemistry</p> <p>Let's spend some time exploring the states of matter, and participate in some explosive experiments! We'll spend some time doing ooey, gooey experiments, like making slime and volcanoes.</p> <p><i>David Mestre – Director of Space Science, Discovery Museum, Bridgeport</i></p>
<p>Let's Rock</p> <p>Ever dig a hole to China and hit a huge rock? Learn all about different rocks. How were they made? Why are rocks hard, soft, shiny, sparkly, heavy, light, or volcanic? Get a chance to see all different types of rocks up close and personal. See if you can pick out the Igneous, Metamorphic and Sedimentary Rocks in this collection.</p> <p><i>KateLynn King(Staff Scientist), CT Science Center</i></p>	<p>Cupcake Decoration</p> <p>Do you like to spend time in the kitchen? Come learn techniques for decorating cupcakes with all kinds of fun designs. Prepare to stir up some delicious desserts. The theme of the cupcakes will be spring and sports. Yum!</p> <p><i>Samantha Negron, Beacon Falls Bakery</i></p>	<p>Fun with Rhythms</p> <p>Get ready to make some noise! Fun and educational drum circle designed to teach children the basics of music while playing interactive rhythm games. Children will learn about and play percussion instruments from around the world. Participants will use everyday household materials kids will make their own rhythm instruments.</p> <p><i>Edward Leonard, Find the Rhythm Within</i></p>
<p>Cartooning with General Gigghearty</p> <p>"Get ready to use Numbers and Letters with cartoonist and artist Ron Gagliardi to create your own amazing "NUMLETS". These Cartoon NUMberLETterS will transform your favorite letters and numbers into cartoons sure to inspire and keep you creating on your own!"</p> <p><i>Ron Gagliardi, General Gigghearty and his Cartoon Platoon Cheshire, CT</i></p>	<p>Dive into Creativity</p> <p>All participants will experience firsthand the thrill of Creative Problem Solving and teamwork that is the Destination Imagination process. Participants will be challenged to work together, think outside the box and have fun while solving several Instant Challenges. This workshop is entirely hands on.</p> <p><i>Eric Wolff/ Patti Cornell, Destination Imagination Guilford, CT</i></p>	

GRADES 4-5

(Students take two ninety-minute workshops)

<p style="text-align: center;">How'd they do that? Connecticut's Native Americans</p> <p>Participants will see and touch many authentic and replicated artifacts from our museum's collection, as they learn how Native American people made their hunting weapons, other tools, clothing, and more! Then, using natural materials like rabbit fur, turkey feathers and stone arrowheads, everyone will make their own talking stick to take home with them. <i>The Institute of American Indian Studies, Washington</i></p>	<p style="text-align: center;">Basics of Viking Knit</p> <p>Did you ever wonder how Medieval Knights made their armor? This workshop will teach the basic techniques of Viking single knit around a 7/16-inch dowel. 24-gauge copper wire is used and the tube is pulled through a drawplate to even out the loops, resulting in a tubular chain. Larger-gauge wires can be used to make simple findings to finish the pieces. A list of materials/tools/suppliers will be provided for students who wish to continue on their own. <i>Bill Augustine, Artsplace Instructor</i></p>	<p style="text-align: center;">The Life of a Pond</p> <p>"Dive" into the animals and plants that live in our ponds. From tiny scuds to big bugs, you'll get to find and explore the living things in your local ponds. We'll use digital microscopes for pics you can see on the web! <i>Tom Noonan, Talcott Mtn. Science Center, Avon</i></p>
<p style="text-align: center;">Wasp Detectives: On the Trail of the Emerald Ash Borer</p> <p>How do you find an invasive green beetle that is killing ash trees? It's tiny, lives in the tops of trees, and there are no good traps for it. Scientists use a native, non-stinging wasp that hunts the beetles as food for her offspring! Find how scientists use one bug to track another. We'll learn about trees, how insects live, and some of the issues surrounding invasive species. Find out how you can become a Wasp Detective! <i>Dr. Claire Rutledge, Asst. Ag. Scientist II, The Connecticut Agricultural Experiment Station, New Haven</i></p>	<p style="text-align: center;">Dive into Creativity!</p> <p>All participants will experience firsthand the thrill of Creative Problem Solving and teamwork that is the Destination Imagination process. Participants will be challenged to work together, think outside the box and have fun while solving several Instant Challenges. This workshop is entirely hands on. <i>Eric Wolff/Patti Cornell, Destination Imagination Guilford, CT</i></p>	<p style="text-align: center;">Hip Hop Dance Workshop</p> <p>Hip hop is a style of dance that is based on urban street dancing, incorporating jazz, street, and funk styles. This workshop will include current popular music while you are taught how to warm up your body with stretching and isolations. This is an energetic class that not only teaches you hip hop movements and technique, but also encourages you to have fun with your own style and rhythm! <i>Jill Medina, Heart and Sole Dance Studio, Waterbury, CT</i></p>
<p style="text-align: center;">Potions Class with Professor Bubbly Brew</p> <p>Muggles this is your chance to brew magical potions straight from Hogwarts! Learn how to concoct potions such as liquid amethyst and a muggle memory mixture using ingredients such as pulverized dragon's teeth, solidified spit of troll, and Aragog venom and more. Be wizardly wowed by the bubbling, fizzing and colorful potions you create. <i>Deb Flaherty, Teacher Woodland High School, Regional School District 16</i></p>	<p style="text-align: center;">Origami Yoga</p> <p>Warrior, crane, tree. Eagle, sage, lizard, cat... Stretch and fold yourself into these shapes and more in a yoga class designed for kids. Challenge your balance, stretch and strengthen your muscles in a fun, non-competitive atmosphere. Kick off your shoes and bring a mat if you have one. <i>Andrea Sutton, Certified Yoga Instructor, Prospect, CT</i></p>	

GRADES 6-8

(Students participate in two 90-minute workshops)

<p style="text-align: center;">Seven Angels Presents Theatre Improvisation</p> <p>Theatre Improvisation is great for all students whether or not they have a current interest in Theatre. Improvisation is beneficial for everyday life events, learning appreciation for future theatre performances and also as excellent support for budding actors and actresses. <i>Debra Bodnar, Seven Angels Theatre, Waterbury</i></p>	<p style="text-align: center;">Model Congress</p> <p>What really happens to a bill on Capitol Hill? Learn about government and the process of how a bill becomes a law. Brainstorm and identify a topic to be debated and actively work through the legislative process to reach a group decision. Meet a special surprise guest! <i>Lou Mangini, office of Congresswoman Rosa DeLauro</i></p>	<p style="text-align: center;">Messier Objects Star Chart Activity</p> <p>Participants will learn celestial coordinates of right ascension and declination in the night sky and how to apply this knowledge to locate galaxies, nebulae and star clusters from the Messier Objects list using professional grade star charts. <i>Kevin Manning, Astrophysicist, Look Up to the Stars, Bellport, NY</i></p>
<p style="text-align: center;">Science in Action!</p> <p>Students will master concepts such as osmosis, energy transformations, the role of the immune system, cholesterol in the body and the laws of Conservation of Mass and Energy through active role play and hands on interactive activities. Prepare to be transported and transformed. <i>Dr. Michael White, Associate Professor of Science Education, Holy Family University, Philadelphia, PA</i></p>	<p style="text-align: center;">Wind- How can we harness this energy?</p> <p>Explore green energy – harness the wind. Create different styles of anemometer blades using a variety of materials to test which style of blades and what kind of material can produce the great wind speed. "Wind" speed will be measured on voltmeters. <i>Lina M. Torres-Wodatch - Region 16 Long River Middle School, Prospect, CT</i></p>	
<p style="text-align: center;">Going for the Gold</p> <p>Design new concepts for the 2012 Olympics or favorite school team. Also explore a brief introduction to videography. Take a look at the design ideas for the upcoming Summer Olympics. If you had the chance to design graphics for the Olympic games or for your own school team what would you do? Pick your favorite sport or team and design a logo, mascot or poster to advertise that sport. When complete present to the group your final concept and reasoning behind it – someone will win the gold! Shoot and edit a short video. Learn some of the tips and tricks for editing and filming video. Become the next Steven Spielberg!</p> <p><i>Mark Hopkinson, Graphic Designer with Deloitte and Touche and Jim Cookman, Psyche Productions</i></p>		

ADULT PROGRAM

KEYNOTE ADDRESS, 1:00-2:30 PM; WORKSHOPS, 2:55-3:55 PM. SELECT ONE WORKSHOP TO ATTEND.

KEYNOTE ADDRESS: Maximizing the Potential in All Students

Maximizing the Potential in All Students: What Parents and Schools Can Do is a presentation based upon the *Eyre Equation* (2009) to examine the relationship of potential, opportunities, support, and motivation in helping all children to attain high achievement. Strategies will be shared for how to nurture the social and emotional aspects of a child's development.

Dr. Monita Leavitt, educator of high ability children for 25 years, is an international consultant and teacher trainer in gifted education. She is the author of *Building a Gifted Program: Identifying and Educating Students in Your School* (2007) and contributing author of the second edition of *Exceptional Needs Standards NBPTS National Board for Professional Teaching Standards* (2010). Dr. Leavitt is a Board Member for IGET Network (S. Africa), the Global Center for Gifted and Talented Children (Bavaria) and CAG (CT Association for the Gifted) and served as Academic Dean at Yale University for SIG (Summer Institute for the Gifted) in 2011.

WORKSHOP #1 – More than Money Matters: College and Retirement Savings

College preparation is complex. Many parents want to help provide for their children's education—but they don't want to sacrifice their retirement savings or overburden their children with debt. This workshop provides strategies that may help families find financial aid and minimize the amount paid out of pocket. It will also explore how funding your children's education fits into your overall financial picture. With increased economic uncertainty it's important to take action to retire by design—rather than default. By the end of this educational workshop, you will also clarify your retirement vision, review retirement trends, income and expenses; and identify steps you can take now.

Julia Weston, Financial Associate, Thrivent Financial. *As a Fortune 500 member organization we answer to our 2.6 million members not to shareholders or Wall Street. Our strength and stability comes from more than a century of prudent stewardship of our members' resources.*

WORKSHOP #2 – Unlocking Your Child's Learning Potential

This session will help participants develop a Balanced Thinking Approach to assist their students to develop fluency in thinking and writing. Divergent and Convergent Thinking Skills will be linked with aspects of Cultural Literacy. During this engaging and interactive presentation, the group will participate in activities that are easily brought back and used at home or school to encourage balanced thinking, team/community building, and increased cognitive skills. All of which will ultimately lead to increased student performance.

Scott Hobson is an educational consultant who has presented at national conferences such as NAGC, Arizona Gifted and California Gifted, to name a few. Prior to becoming an educational consultant, Mr. Hobson served as Master Teacher, Middle School Assistant Principal, and Elementary School Principal.

WORKSHOP #3 – A Happier Healthier You – An Introduction to Tai Chi

Discover the Wisdom of Mind and Body through the low impact, soft, flowing movements of Tai Chi. Described as "Meditation in Motion" Tai Chi provides many benefits for improved health, through the execution of a series of precise movements, you can achieve a heightened state of focus, while reducing stress and increasing energy. Guiding you on the path to the "Happier Healthier You".

Justin Loenetti, Bushi Ban Martial Arts and Fitness, Seymour CT

WORKSHOP #4 – Using Schoolwide Enrichment to Address Student Needs*

The Schoolwide Enrichment Model (SEM) exposes students to a variety of learning topics, develops their ability to apply knowledge that they have learned, and encourages them to pursue self-selected areas of interest to develop into projects that will exhibit social capital. Teachers will be able to connect the use of SEM to the art of differentiation, student self-regulation, and overall school and classroom improvement.

Ruth Lyons is the Director of the Renzulli Academy, a full day school for gifted and talented students in Hartford, CT. She is currently finishing a PhD at the University of Connecticut in Educational Psychology with a concentration in Gifted and Talented Education and Educational Leadership.

* Region 16 District will offer .2 CEU's for Staff from Region 16. Specific CEU policy is established in individual school districts. Please check with the appropriate personnel in your home district for details. A Certificate of Attendance will be offered to Non Region 16 Personnel.

REGISTRATION FORM

Classes will be assigned on a first come, first served basis.

Every child K-8 will participate in 2 workshops. Students must remain for both workshops, unless prior arrangements have been made.

You must make at least 4 choices, and up to 6.

Please print clearly.

Please complete ENTIRE Registration Form and mail to: **Minds in Motion Registrar
54 Rimmon Hill Road, Beacon Falls, CT 06403**

Or you may register online by visiting the CAG website: www.ctgifted.org.

Child's Name _____ **Age** _____ **Grade** _____

Student Workshop Choices:

1) _____ 4) _____

2) _____ 5) _____

3) _____ 6) _____

Child's Name _____ **Age** _____ **Grade** _____

Student Workshop Choices:

1) _____ 4) _____

2) _____ 5) _____

3) _____ 6) _____

Child's Name _____ **Age** _____ **Grade** _____

Student Workshop Choices:

1) _____ 4) _____

2) _____ 5) _____

3) _____ 6) _____

NOTE: Children of parents/guardians who volunteer receive priority registration.

Will you commit to be an adult volunteer? _____ Grade preference _____

YOU WILL NOT NECESSARILY BE ASSIGNED TO YOUR CHILD'S WORKSHOP.

Adult Volunteer Name: _____

Email address (if different from below): _____

REGISTRATION FEES

Non-CAG Member

Registration Fee:

\$25. Per child: \$ _____

CAG Member Registration

Fee:

\$20. Per child: \$ _____

CAG Annual Membership:

\$35. Per family \$ _____

Total \$ _____

Membership registration rates may be used if already a CAG member, or if new or renewed CAG membership is paid with registration.

Please make checks payable to CAG.

YOU WILL NOT RECEIVE COURSE CONFIRMATION.

No child will be turned away due to financial need. Contact us via email at MIMprospect@ctgifted.org for scholarship information.

**Registration online or by mail
Deadline:**

Sat. March 16, 2012

Register Early!
Workshops fill quickly!
First come, first served!

ADULT PROGRAM FREE

Parent/Guardian Name _____ **Email address:** _____

Address _____ City _____ State _____ Zip Code _____

Telephone (Home) _____ - _____ - _____ Cell _____ - _____ - _____

Emergency Contact _____ Phone _____ - _____ - _____

Keynote Address & Adult Workshops are free; pre-registration required. (Circle what you will attend.)

Adult #1: Keynote Y N Workshop # 1 2 3 4

Adult #2: Keynote Y N Workshop # 1 2 3 4

Teachers would you like CEU's or a Certificate of Attendance (Please circle one) Region 16 Staff Y or N

CONNECTICUT ASSOCIATION FOR THE GIFTED
P.O. BOX 2598
WESTPORT, CT 06880



MINDS IN MOTION

Saturday, March 31, 2012

Long River Middle School

Columbia Avenue, Prospect, CT 06712

Registration Deadline: Saturday, March 16, 2012

Questions or for more Information

Phone: Trish Spofford 203-758-3852

Email: MIMprospect@ctgifted.org

Directions to Long River Middle School

From I- 84 (west)

Take Exit 26 towards CT-70 Cheshire/Prospect. Take left off ramp on CT-70E. Take first right onto Summit Road. Follow Summit Road till you come to a traffic light. Turn Left onto CT-69. Before next traffic light turn left onto Columbia Avenue – Follow straight across to Long River Middle School.

From I-84(east)

Take exit 23 – CT-69 South/Hamilton Avenue. Turn right on CT-69 S – Follow CT-69 S for 3.6 miles. Turn left on Columbia Avenue – Follow straight across to Long River Middle School.

Water, Coffee and prepackaged snacks will be available for purchase at this event.

Your Minds in Motion Presenters

K-1 Presenters

Pat Vlamis, Professional Photographer from Prospect, CT

Flanders Nature Center, Woodbury, CT

Joe Guasrente/ Justin Leonetti Instructors with Bushi Ban Martial Arts

Debbie Ungvary, Owner of Jumpbunch, Naugatuck, CT

Joan and Brianna Tortora of the Family Music Center located in Waterbury, CT

Dr. Sivakoff, Prospect Veterinary Clinic

2nd-3rd grade Presenters

Al Concilio, retired Science coordinator, from Beacon Falls, CT

Debra Bodnar Seven Angels Theatre, Waterbury, CT

Dave Mestre – Director of Space Science, Discovery Museum, Bridgeport CT

Katelynn King – (Staff Scientist), CT Science Center, Hartford

Samantha Negron, Beacon Falls Bakery, Beacon Falls, CT

Edward Leonard- Contact at 203-285-5153 or email at findtherhythmwithin@yahoo.com for workshops.

Ron Gagliardi, an Instructor at Artsplace located at Cheshire, CT

Eric Wolf/ Patti Cornell, Destination Imagination, Guilford, CT

4th-5th grade presenters

The Institute of American Indian Studies, Washington, CT

Bill Augustine, an instructor at Artsplace, located at Cheshire, CT

Tom Noonan, Associate Director, Talcott Mountain Science Center, Avon, CT

Dr. Rutledge – The Connecticut Agricultural Experiment Station, New Haven, CT

Jill Medina- Owner, Heart and Sole Dance Studio, Waterbury, CT;203-573-0370 or email heartandsoledance@hotmail.com

Deb Flaherty- Teacher Woodland Regional High School, Beacon Falls, CT

Andrea Sutton- Certified Yoga Teacher, teaching at Live Love Dance in Prospect and Balanced Body in Naugatuck.

6th-8th grade Presenters

Lou Mangina- Staffer to Rosa DeLauro's Connecticut Office

Dr. White- Associate Professor of Science Education, Holy Family University, Philadelphia, PA

Mark Hopkinson, Deloitte and Touche and Jim Cookman, Psyche Productions.

Kevin Manning, Astrophysicist, Look Up to the Stars, Bellport, NY

Lina Torres-Wodatch- Teacher Long River Middle School, Prospect CT

Parent Workshop Presenters

Scott Hobson is an Educational Consultant with [Nathan Levy Associates](http://www.nathanlevy.com) in New Jersey.

Julia Weston, Financial Associate, Thrivent Financial

Justin Leonetti, Bushi Ban Martial Arts and Fitness, Seymour, CT

Ruth Lyons, Director of the Renzulli Academy, Hartford, CT

Thanks to all the dedicated workshop presenters who make our Minds in Motion program such a huge success! Their time and energy are invaluable contributions to the lives of our area's school children, their families, and teachers.